

**BRIGHAM YOUNG UNIVERSITY
THEATRE BALLET
Community Outreach Activities***

Activity	Prep time	Length	Requirements	Content
School Lecture / Demonstration	5 min.	30 min.	none	Talk about the history of ballet, costumes and differences in technique between men and women; perform excerpts from the performance; involve the children by bringing them up to help demonstrate; introduce all the dancers and the children can ask questions
School / Community Outreach	5 min.	45 min. to an hour	space to dance	Simple warm up class with ballet steps; we divide the participants into groups and a BYU student teaches the participants a section or dance from our performance; after learning the different excerpts, each group performs for the other groups
Ballet Master Class	5 min.	1.5 hours	dance studio or stage	Either the artistic director or one of the BYU students teaches a ballet technique master class--this is either at the theater if we have time on stage or at a local dance studio

***On a performance day the group can only give 3 hours maximum time to these type of activities, including transportation time to/from the performance site**