



CONTEMPORARY
DANCE
THEATRE

BYU BRIGHAM YOUNG UNIVERSITY



The Group

Brigham Young University Contemporary Dance Theatre (CDT), organized in 1975 and formerly known as The Dancers' Company, is a premier student performing group in BYU's Department of Dance. With a rich history of national and international touring, CDT serves as a cultural ambassador through the universal language of movement, presenting lighthearted and powerful works that explore human connection and communication. Under the direction of distinguished faculty and guest artists, the company continues to share innovative and inspiring contemporary dance with audiences around the world.

Honors

- Contemporary Dance Theatre performs from a wide modern dance repertoire, including dramatic, jazz, humorous, and lyrical works choreographed by nationally recognized choreographers, as well as the past and present company directors.
- CDT was invited in fall 2023 to perform Alwin Nikolais' "Tensile Involvement" as part of the 60th anniversary of the Ririe-Woodbury Dance Company. They were the only university company invited.
- Participated in the 2015 New Prague Dance Festival and received the Grand Prix Award as the overall best group.

SINCE 1975

38

TOURS



1,000+

PERFORMANCES



23

COUNTRIES VISITED



1.5M

AUDIENCE MEMBERS



600+

OUTREACHES



The Show

Each Contemporary Dance Theatre performance is a showcase of the ensemble's prolific style, and exhibits how dancers and faculty collaborate with each other to make a show that moves and inspires. The dancers are marked by their strong physical control, deep floor-work, and tight-knit ensemble coordination. Their performances explore story arcs ranging from abstract dreamscapes to culturally inspired movement, often integrated with multimedia designs and other live elements. Through stylistic variety and collaboration from multiple fields, a performance from Contemporary Dance Theatre is a celebration of movement and creativity.

Recent Tours

- 2024-2025: New York, USA
- 2021-2022: Spain, France, & Belgium
- 2015-2016: Nevada California
- 2014-2015: Czech Republic, Hungary, Austria, & Germany



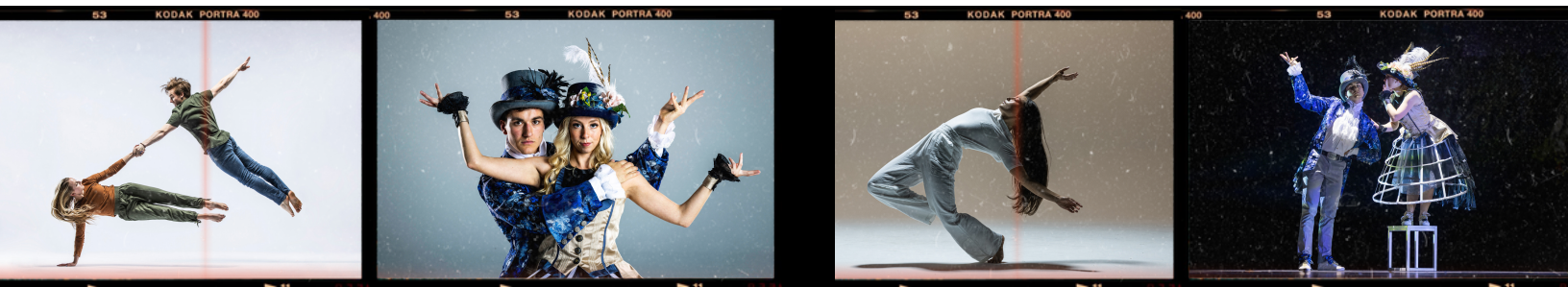
Outreach Efforts

BYU Contemporary Dance Theatre participates in various outreach activities during their tours, including:

- Performances for local communities, often at schools, community centers, and other nontraditional venues, to share contemporary dance with a broad and diverse audience.
- Educational workshops and movement classes for students and community members, where company members teach foundational techniques, creative movement, and choreography.
- Lecture-demonstrations and discussions, allowing audiences to learn about contemporary dance, the creative process, and the role of dance as a form of expression and storytelling.
- Collaborations with local schools or arts organizations to encourage cultural exchange and build meaningful connections through dance.

Performing with CDT is an amazing experience because we get the chance to touch people in unexpected ways. Dance can help people relate to old ideas in a different way or find new perspectives that they hadn't encountered. I believe that dance should be an important part of our culture and that everyone needs more dancing in their lives.

-Adam Schraedel



3.7K

VIEWS



2.75K+

SUBSCRIBERS



Adam Dyer

- Adam Dyer is an associate chair and assistant professor of contemporary dance at BYU, emphasizing physical, mental, and spiritual development in training.
- He's an award-winning choreographer and teaches contemporary technique, aerial dance, partnering, musical theatre scene study, and performance-focused seminars.
- Former Broadway and international performer with credits including Contact, Spider-Man: Turn Off the Dark, Disney projects, cirque-style productions, and creator of Royal Caribbean's aquatic show HiRO.

Kate Monson

- Kate Monson is an associate professor of dance at BYU and faculty affiliate of gerontology, with an MFA in choreography from Ohio State University.
- Laban/Bartenieff-certified movement analyst focused on longevity, embodiment, and sustainable dance practice.
- Choreographer and creative producer of multigenerational, site-specific, and interdisciplinary works, including projects inspired by The Crucible.

Stay in touch with
BYU Contemporary
Dance Theatre



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